

Effect of a Clinical Pathway on Outcome of Children with Cancer Suffering from Neutropenia Undergoing Chemotherapy Treatment

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Abstract

The child suffering from neutropenia undergoing chemotherapy is demanding and requiring the integration of skills from numerous different specialties. These children often have prolonged hospitalizations, which may be marked by many complications. **The aim of this study** to design, implement and evaluate the effect of a clinical pathway for children with neutropenia undergoing chemotherapy. Quasi experimental research design was used. The study was carried out at Tanta Cancer Center Affiliated to the Ministry of Health. Out patient Clinic of Oncology and Inpatient Pediatric Oncology Department in Benha Children Hospital. 72 children with neutropenia undergoing chemotherapy was recruited for the study. Four tools were used for data collection, questionnaire sheet, Nutritional Assessment Sheets, Complication monitor sheet and follow pathway design for the study group. **The result** of the study revealed that there was no statistically significant difference between the study and control groups on admission but there was a statistically significant difference between the study and control groups after the implementation of the clinical pathway for the study group compared with the routine hospital policy care. **Conclusion:** Children with neutropenia undergoing chemotherapy to whom clinical pathway was applied fewer complications, less hospital stay and less readmission than those who received routine hospital care. **Recommendations:** Clinical pathway should be integrated into the routine nursing care for children with neutropenia undergoing chemotherapy.

Key words: Neutropenia, Chemotherapy, Prolonged Hospitalization, Clinical Pathway

Introduction

Cancer in children and adolescents is a life-altering event for them as well as their families. Although advances in treatment have increased the overall 5-year survival rate for childhood cancers to approximately 80%, cancer is still the second leading cause of death following accidents in children aged 5 to 14 years, however, little evaluation of the overall experience at the end of life of children who are dying of cancer or of their symptoms other than pain, cancer begins when cells in a part of the body start to grow out of control⁽¹⁴⁾

Cancer, an abnormal growth of cells which tend to proliferate in an uncontrolled way and metastasize. Cancer is not one disease. It is a group of more than 100 different and distinctive diseases. Cancer can involve any tissue of the body and have many different forms in each body area. Most cancers are named for the type of cell or organ in which they start⁽¹⁵⁾

Cancer is a generic term for a large group of diseases that can affect any part of the body. Other terms used are malignant tumors and neoplasms cancer is the creation of abnormal cells that grow beyond their usual boundaries, and which can then invade adjoining parts of the body and spread to other organs. This process is

referred to as metastasizing. Metastases are the major cause of death from Cancer.⁽¹⁾

Childhood cancer in Egypt is a growing concern for the society since its incidence has been increasing rapidly. The high mortality rate is assumed, due to the inadequate access to medical care in developing countries as there are very few hospitals or centers existing in these countries with the children cancer hospital being an exception to the rule. Lack of education and knowledge of health concerns particularly relating to children have delayed many families from seeking medical help and treatment. In addition, lack of transportation for the children obstacles concerning transportation from rural to urban places makes the available health care inaccessible.⁽³⁴⁾

Leukemia is the most common type of childhood cancer, representing about one third of all cancers in children less than 15 years of age. Leukemia is a condition where too many underdeveloped white blood cells are found in the blood and bone marrow. Most of childhood leukemia's are acute lymphatic leukemias (ALL); other types include acute myeloid leukemia (AML) and chronic myeloid leukemia (CML). Brain tumors are the most common solid tumors in childhood⁽³⁾

Chemotherapy is a chemical that binds to

and specifically kills tumor cells. Chemotherapy is usually systemic treatment, meaning that the drugs flow through the bloodstream to nearly every part of the body most cancer chemotherapeutic drugs are given intravenous or intramuscular. Some anticancer agents are taken orally.⁽⁴⁾

Side Effects of chemotherapy depend mainly on the drugs and the doses the child receives. Most anticancer drugs affect cells that divide rapidly. These include blood cells, which fight infection, help the blood to clot, or carry oxygen to all parts of the body. When blood cells are affected by anticancer drugs, children are more likely to develop infections, may bruise or bleed easily, and may have less energy. Cell hat line the digestive tract also divide rapidly resulting, loss of appetite, nausea and vomiting As a result of chemotherapy, child has side effects, such as, hair loss, or mouth sores.⁽⁷⁾

Cytotoxic chemotherapy suppresses the hematopoietic system, impairing host protective mechanisms so limiting the doses of chemotherapy that can be tolerated should be done. Neutropenia, the most serious hematologic toxicity, is associated with the risk of life-threatening infections as well as chemotherapy dose reductions and delays that may compromise treatment outcomes.⁽⁸⁾

Neutropenia is a condition where there are abnormally low levels of neutrophils in the blood supply. Neutrophils are an important type of white blood cell, vital for fighting off pathogens, particularly bacterial infections. Neutropenia can be caused by a decrease in neutrophils production, accelerated usage of neutrophils, increased destruction of neutrophils or a combination of all three factors. Neutropenia can be temporary (acute) or long-lasting .The condition is also split into congenital (present from birth) and acquired neutropenia (develops later in life).⁽¹⁰⁵⁾

Neutropenic child their ability to mount an inflammatory response is limited. There are often few signs and symptoms of infection except for fever. Localized infections that appear minor can rapidly progress to a systemic infection, which may be fatal, therefore, considered a serious and potentially life-threatening complication in children undergoing systemic chemotherapy⁽⁹⁾

Clinical pathway is a strategy that reduces resource utilization while maintaining the quality of care. The most popular methods intended to meet intense pressures to reduce the costs of health care. Clinical pathways are management plans that display goals for children and provide the corresponding ideal sequence and timing

of staff actions to achieve those goals with optimal efficiency.⁽¹¹⁾

Clinical pathway is a tool for achieving coordinated care and desired health outcomes within an anticipated time frame, by using the appropriate resources available. A clinical pathway is a blueprint that guides the clinician in the provision of care.⁽¹³⁾

A clinical pathway is a method for the child -care management of a well-defined group of children during a well-defined period of time. A clinical pathway explicitly states the goals and key elements of care based on Evidence Based Medicine (EBM) guidelines, best practice and patient expectations by facilitating the communication, coordinating roles and sequencing the activities of the multidisciplinary care team, children and their relatives; by documenting, monitoring and evaluating variances; and by providing the necessary resources and outcomes. The aim of a clinical pathway is to improve the quality of care, reduce risks, increase children satisfaction and increase the efficiency in the use of resources and decrease length of hospitalization.⁽¹⁶⁴⁾

Aim of the Study

The aim of the study was to determine the effect of clinical pathway on outcome of children with cancer suffering from neutropenia undergoing chemotherapy

through. Design clinical pathway for children with cancer suffering from neutropenia undergoing chemotherapy Evaluate the effectiveness of clinical pathway on outcome of children with cancer suffering from neutropenia under going chemotherapy.

Research hypothesis

Children with cancer suffering from neutropenia undergoing chemotherapy treatment whom clinical pathway is expected to applied have fewer complications, less hospital stay ,less readmission and enhanced quality of care than those who will receive routine hospital care.

Materials and Method

Research Design:

A quasi -experimental research design was utilized in this study

Settings:

The study was carried out at Tanta Cancer Center Affiliated to the Ministry of Health (Pediatric Oncology department) - Out patient Clinic of Oncology and Inpatient Pediatric Oncology Department in Benha Children Hospital

Subject:

The subject of the study was consist of (72) children with cancer were selected from previously mention setting. The sample was randomly selected and divided into two equal groups.

Study group consist of 36 children were exposed to clinical pathway by the researcher, divided to Control group consist of 36 children were exposure to routine hospital care.

Tools of data collection:

Four tools were developed and used by researcher after reviewing the literature to collect information about.

Tool I:A questionnaire sheet

Part I- Bio socio demographic data

Data related to child: such as age, sex, birth order, level of education. This tool will be design by researcher in simple Arabic language after reviewing related literature.

Part II -Medical History:

Medical history was designed by the hospital policy (patient file), to identify eligible criteria for clinical pathway implementation, researcher will search for present diagnosis, main complain, past medical history and number of hospital admission for cycles of chemotherapy, cumulative dose toxicity on bone marrow of most chemotherapy treatment.

Part III-Dietary profile for the child included:

Feeding habits of the child such as, number of meals per day, their appetites, likes and un likes.

Feeding problem such as, nausea, vomiting, loss of appetite, difficulty in

chewing and swallowing food, dryness of the mouth and change of food taste.

Part IV: Daily living activity as hyper activity, normal and limited activity, child play or not, types of play (quite play, active play, mixed play) and hours of play during the day.

Tool II: Nutritional Assessment Sheets:

It includes three parts:

Part I: Physical assessment sheet of cancer child which included:

Observation for general condition from head to toes includes hair, face, eye, lips, gume, skin, tounge, any gastro-intestinal tract problem, muscular-skeletal system and measurement of vital signs (temperature, pulse, respiration, blood pressure).

Part II: Anthropometric measurements sheet which includes:

Weight, height, body mass index, upper arm circumference and triceps skin fold thickness. Each of these measurements will be taken according to the standard procedure recommended by Jelliffe. (177) Weight/age will be measured using bathroom scale and recorded to the nearest tenth of a kilogram. It is used as indicator of the nutritional status for the children.

Height /age will be measured and taken to the nearest 0.1cm and then recorded.

Body Mass Index (BMI) will be calculated as follow:

BMI=Weight in KG/(height in meter)².

Mid arm circumference will be measured by placing the tape gently but firmly around the left upper arm while hanging freely and on its mid point. The measurements will be recorded to the nearest 0.1 cm.

Skin fold thickness: Triceps skin fold thickness will be measured using Harpenden caliper.

Part III: Laboratory investigations:

-Laboratory investigation included. Complete blood count. Renal function test. Liver function test. Lactate Dehydrogenase. Erythrocyte sedimentation rate. And Bone marrow aspiration.

Part IV: Daily dietary intake : to estimate the caloric intake by 24 hours recall method and fluid intake per day according to the food exchange list including the five main groups (milk group, meat, fruit, vegetable, bread, cereal). It will be calculated by number serving per day and the average will be determined.

Tool III: Complication monitor sheet:

This sheet will be designed by researcher for monitoring the presence of complication. It monitors complications which cover general and specific complications that result from administering protocols of cycles chemotherapy. General complications included, pancytopenia, (bone marrow

depression), Infection, anorexia, loss of weight, fever, mucositis, vomiting, diarrhea, hair loss and extra vacation. Specific complications included central nervous system as headache, musculoskeletal system as bone pain, bleeding, cardiac complication as tachycardia and respiratory complication as tachypnea.

Clinical pathway designed for children:

IV: Tool

The clinical pathway outcome was designed by the researcher, implemented and evaluated for the clinical pathway included following items: -Feeding habit and problems. Daily living activity. Nutritional assessment sheet of cancer child. Physical assessment sheet of cancer child. Anthropometric measurement. Laboratory investigations. Daily dietary intake.

4-Safety measures for Medication intake which include the following: Blood transfusion (taken, not taken). Platelet intake (taken, not taken). Antibiotic intravenous (oral, single, double). Antipyretic (taken, not taken). Chemotherapy (taken, not taken). Growth factors (taken, not taken). Steroids: (taken, not taken).

Ethical and legal considerations

Privacy and confidentiality was protected. Children were reassured that the obtained information were confidential and used

only for purpose of the study. Confidentiality and privacy were assured by code number on sheets instead name, Withdraw from the study was reserved at any time.

Procedure

The actual field work was carried out from May 2015 up to November 2015 for data collection. The researcher were available in the study settings four day per week, on Saturday and Tuesday at the mooring shift from 8.00 Am to 2.00 P.m in Out patient Clinic of Oncology and Inpatient Pediatric Oncology Department in Benha Children Hospital. and on Sunday and Wednesday in Tanta Cancer Center Affiliated to the Ministry of Health (Pediatric Oncology department),the researcher introduces herself to all hospital staff members in the two hospitals settings. The researcher explained the aim of the study and asked for the hospital team for cooperation. Children with cancer suffering from neutropenia undergoing chemotherapy were divided into two equal groups (study and control group). The researcher performs the research in the following phase:

1- Assessment phase:

Assessment of both study and control group of children with cancer suffering from neutropenia , socio demographic data, medical history , Dietary profile for the

child Daily living activity nutritional assessment included, Physical assessment sheet of cancer child, Anthropometric measurements and laboratory investigation,Complication monitor sheet Pre-implantation of clinical pathway.

2- Implementation phase:

The researcher implement the clinical pathway step by step for the oncology staff consultant and nurse, Pharmacist, technician those responsible for providing clinical pathway.

The steps of intervention guidelines implementation.

The researcher will be available in the study settings four days per week consecutive, at the mooring shift from 8.00 A.M to 2.00 P.M in Tanta Cancer Center Affiliated to the Ministry of Health (Pediatric Oncology Department) and Out Patient Clinic of Oncology and Inpatient Pediatric Oncology Department in Benha Children Hospital.

The researcher explained the aim of the study and asked for the hospital team for cooperation.

Children with cancer suffering from neutropenia will be divided into two equal groups (study and control group).

The implementation of clinical pathway will be applied to all children in the study group and divided into 5 sessions. Each session will be expected to take duration of

30 minutes and will be given to each individually with family member

Discussion and power point for illustration will be used for each child individually.

The first session: It was focus on assess the children undergoing chemotherapy with neutropenia, assess all hematological system for study and control group .

The second session: It was concentrated on select the children which having neutropenia, assess all hematological system for study and control group.

The third session: Document all gathered data for comparison to evaluate the efficacy of clinical pathway.

The fourth session: Application of clinical pathway for study group only by all nursing staff included the following items :Feeding habit and problems, daily living activity ,nutritional assessment sheet of cancer child Physical assessment sheet of cancer child .Anthropometric measurement .Laboratory investigations
Daily dietary intake

The fifth session :Safety practice during medication administration: that was included nine right, dose calculation, continuous monitoring and observation of side effect. - Medications intake which include the following .Blood transfusion (taken, not taken) .Platelet intake (taken, not taken) .Antibiotic intravenous (oral, single, double) .Antipyretic (taken, not

taken) .Chemotherapy (taken, not taken) .Growth factors (taken, not taken) .Steroids: (taken, not taken).

3- Evaluation phase:

Evaluate the effect of clinical pathway outcome on studied group and compare them with control group who received routine care by using the four tools three times pretest, immediate after clinical pathway implementation and follow up one month.

4-Statistical analysis:

An IBM compatible PC was used to store and analyze the data. Calculations were done by means of the Statistical Package for Social Sciences SPSS version 17. Data colleted were revised, coded and analyzed, and presented using descriptive statistics in the form of frequencies and percentages for qualitative variables; Means, standard deviations and z-score, for quantitative data. Test of significance was used for comparison between the study and control groups. Where , $P > 0.05$ No statistically significant difference. $P < 0.05^*$ statistically significant difference. $P < 0.001^{**}$ highly statistically significant difference.

Results

Table (1) :Regarding to age, it was observed that nearly more than half of control group & half of the studied group age ranged between 8:10 year with mean

\pm SD 9.75 \pm 4.86, 9.38 \pm 4.39 respectively. It was found that 61.1%, 50.5% were male in the studied and control group respectively. Regarding to educational level it was found that majority (94.4%) of the studied & more than three quarter (77.8%) of the control group had primary school level respectively.

Table (2): percentage distribution of studied children in relation to diagnosis it was found that two third (63.9%, 72.2%) of the studied & control group suffering from leukemia. Regarding to time of hospital stay more than half 63.9% of the studied & most (86.1%) of the control group stay more than 10 days. In relation to school attendance it was found that (77.8%, 66.7%) of the studied & control group not attended to school in relation to cause of absenteeism it was observed that more than half of the studied (85.3%) & nearly two third (66.7%) of the control group absent due to hospitalization. There was a negative family history to cancer in children presented by (80.6%) of studied and control group respectively.

Table (4): Illustrates percentage distribution of studied children in relation to dietary profile, it was observed that in first five days, there were no statistically significant differences between the control and study group regarding to, feeding habits & problem including, feeding

problem which, nausea, vomiting, loss of appetite, dysphagia and dry mouth were ($p=0.003^{**}$, $P=0.380$, $P=0.235$, $P=1.0$, $P=0.898$, $P=0.495$, $P=0.722$) respectively. At second five days and third five days, it was observed that there were a highly statistically significant differences in the studied children between two groups were ($p=0.001^{**}$) respectively.

Table (5): Illustrate percentage distribution of studied children suffering from neutropenia under chemotherapy related to daily activity, activity and physical examination. It was found that at first five days, there were no statistically significant differences between the study and control group regarding to, daily activity, level of activity and physical assessment of children which included, hair, face, lips, gums, gastrointestinal tract and skeletal system were ($P=0.197$, $P=0.234$, $P=0.453$, $P=0.074$, $P=0.088$, $P=0.496$, $P=0.144$, $P=0.058$) respectively. At second five and third five days, there were a highly statistically significant differences in the studied and control group were ($p=0.001^{**}$) respectively.

Table (6): Illustrate percentage distribution of studied children suffering from neutropenia under chemotherapy related to vital signs, it was found that at first five days, there was a statistically

significant differences between the study and control group regarding to body temperature ($p=0.006^{**}$), but there were no a statistically significant differences between the control and study group regarding to pulse, respiration and blood pressure ($p=1.0, p=0.751, p=0.892$) respectively. At second & third five days, there were a highly statistically significant differences between study and control group ($p=0.001^{**}$) respectively .

Table (7): Illustrate percentage distribution of studied children suffering from neutropenia under chemotherapy related to anthropometric measurements, it was found that at first five days, there was no a statistically significant differences between the study and control group regarding to weight, height, arm circumference, subcutaneous fat, body surface area ($p=0.807, P=0.075, P=0.453, P=0.394, P=0.059$) respectively. At second and third five days, there were a highly statistically significant differences in the studied children between two groups related to weight and body surface area were ($p=0.002^{**}, p=0.001^{**}$) respectively. There was a statistically significant differences between study and control group in relation to height at second five days ($p=0.013^*$). And there was no statistically significant differences in the studied children between between study

and control group related to arm circumference at second and third five days were ($p=0.088, p=0.077$) respectively.

Table (8): Illustrate percentage distribution of studied children suffering from neutropenia under chemotherapy related to laboratory investigation, it was found that at first five days, there were no a statistically significant differences between between study and control group regarding to complete blood count, lactic acid dehydrogenases, renal function test and bone marrow aspiration were ($p=1.0, p=0.727, p=0.059, p=0.551$) respectively. At second and third five days, there were a highly statistically significant differences in the studied children between study and control group related to lactic acid dehydrogenases, renal function test and bone marrow aspiration were ($P=0.001^{**}, P=0.005^{**}$) respectively .

Table (9): Illustrate percentage distribution of studied children suffering from neutropenia under chemotherapy related to general complication, it was found that at first five days, there were no a statistically significant differences between the study and control group regarding to low platelet count, loss of appetite, loss of weight and hyperthermia were ($P=1.0, P=0.285, P=0.280, P=0.058$) respectively. At second and third five days, there were a highly statistically significant differences

in the studied children between study and control group related to all general complication were ($P=0.001^{**}$).

Table (10): Illustrate percentage distribution of studied children suffering from neutropenia under chemotherapy related to specific complication, it was found that at first five days, there were no statistically significant differences between the study and control group regarding to specific complication which included, inflammation of mucous membrane, diarrhea, loss of hair, neurological system, level of activity, muscular and respiratory system, were ($p=0.134$, $p=0.173$, $p=0.633$, $p=0.437$, $p=0.182$, $p=0.173$, $p=0.101$, $p=0.722$ respectively. At second and third five days, there were highly statistically significant differences in the studied children between two groups related to all specific complication were ($p=0.001^{**}$)

Table (1): Percentage distribution of studied children suffering from neutropenia under chemotherapy related to Biosociodemographic characteristics.

Biosocio Demographic Characteristics	(n=36)		(n=36)	
	Study group		Control group	
	No	%	No	%
Age in years				
6>8<	8	22.2	14	38.9
8>10	25	69.4	18	50.0
10-12	3	8.3	4	11.1
Mean ±SD	9.75 ± 4.86		9.38 ± 4.39	
Sex				
Male	22	61.1	18	50.0
Female	14	38.9	18	50.0
Educational level				
Primary school	34	94.4	28	77.8
Preparatory school	2	5.6	8	22.2

Table (2):Percentage distribution of studied children suffering from neutropenia under chemotherapy related to medical history.

	(n=36)		(n=36)		(n=72)	
	Study group		(Control group)		Total	
	No	%	No	%	No	%
Diagnosis						
Leukemia	23	63.9	26	72.2	49	68.1
sold tumors	13	36.1	10	27.8	23	31.9
Time of hospital stay in days						
1-5	2	5.6	0	.0	2	2.8
>5	11	30.6	5	13.9	16	22.2
>10 days	23	63.9	31	86.1	54	75.0
Times of hospital admission						
Once	1	2.8	3	8.3	4	5.6
Twice	18	50.0	12	33.3	30	41.7
more than twice	17	47.2	21	58.3	38	52.8
Others						
School attendance						
Yes	8	22.2	12	33.3	20	27.8
No	28	77.8	24	66.7	52	72.2
Causes						
bad psychological status	4	11.1	3	8.3	7	9.7
hospitalization	21	58.3	24	66.7	45	62.5
general fatigue	0	.0	1	2.8	1	1.4
other	11	30.6	7	19.4	18	25.0
Hereditary factors						
Yes	7	14.9	21	19.4	38.9	29.2
No	29	80.6	15	80.6	61.1	70.8

Table (3): Percentage distribution of studied children suffering from neutropenia under chemotherapy related to dietary profile

		First five days no=72				Chi square		Second five days no=72				Chi square		Third five days no=72				Chi square	
		Study group		Control group		²X	P value	Study group		Control group		X²	P value	Study group		Control group		X²	P value
		No	%	No	%			No	%	No	%			No	%	No	%		
Dietary profile																			
Number of meal per day	1	34	94.4	19	52.8	16.38	0.003*	0	.0	25	69.4	38.30	0.001**	0	.0	24	66.7	49.04	0.001**
	2	2	5.6	12	33.3			33	91.7	10	27.8			11	30.6	12	33.3		
	3	0	.0	5	13.9			3	8.3	1	2.8			25	69.4	0	.0		
Appetite						1.93	0.380					47.04	0.001**					72.00	0.001**
Like	1	2.8	4	11.1	31			86.1	2	5.6	36			100.0	0	.0			
Dislike	35	97.2	32	88.9	5	13.9	34	94.4	0	.0	36	100.0							
Feeding problem						2.89	0.235					47.04	0.001**					57.60	0.001**
Nausea	Yes	31	86.1	25	69.4			5	13.9	34	94.4			0	.0	32	88.9		
	No	5	13.9	11	30.6	31	86.1	2	5.6	36	100.0	4	11.1						
Vomiting	Yes	33	91.7	33	91.7	0.000	1.0	4	11.1	35	97.2	53.76	0.001**	0	.0	29	80.6	48.55	0.001**
	No	3	8.3	3	8.3			32	88.9	1	2.8			36	100.0	7	19.4		
Loss of appetite	Yes	33	91.7	34	94.4	0.215	0.898	8	22.2	34	94.4	38.62	0.001**	0	.0	31	86.1	54.43	0.001**
	No	3	8.3	2	5.6			28	77.8	2	5.6			36	100.0	5	13.9		
Dysphgia	Yes	32	88.9	30	83.3	0.465	0.495	5	13.9	33	91.7	43.69	0.001**	0	.0	32	88.9	57.60	0.001**
	No	4	11.1	6	16.7			31	86.1	3	8.3			36	100.0	4	11.1		
Dryness mouth	Yes	31	86.1	32	88.9	0.127	0.722	4	11.1	35	97.2	53.76	0.001**	0	.0	35	97.2	68.10	0.001**
	No	5	13.9	4	11.1			32	88.9	1	2.8			36	100.0	1	2.8		

At first five days: no significant

At second five days: highly significant at level $p < 0.001^{**}$

At third five days: High significant at level $p < 0.001^{**}$

Table (4): Percentage distribution of studied children suffering from neutropenia under chemotherapy related to daily activity, activity and physical examination.

		First five days no=72				Chi square		Second five days no=72				Chi square		Third five days no=72				Chi square	
		Study group		Control group		X ²	P value	Study group		Control group		X ²	P value	Study group		Control group		X ²	P value
		No	%	No	%			no	%	No	%			No	%	No	%		
Daily activity	hyper activity	0	.0	3	8.3	3.37	0.197	6	16.7	2	5.6	44.50	0.001**	30	83.3	0	.0	52.72	0.001**
	Normal	4	11.1	5	13.9			28	77.8	4	11.1			3	8.3	7	19.4		
	limited activity	32	88.9	28	77.8			2	5.6	30	83.3			3	8.3	29	80.6		
Level of activity	no play	31	86.1	27	75.0	1.41	0.234	0	.0	24	66.7	36.05	0.001**	0	.0	23	63.9	61.26	0.001*
	Quite play	5	13.9	9	25.0			32	88.9	11	30.6			2	5.6	12	33.3		
	active play	0	.0	0	.0			4	11.1	1	2.8			32	88.9	1	2.8		
	group play	0	.0	0	.0			0	.0	0	.0			2	5.6	0	.0		
physical assessment for children hair	Yes	31	86.1	33	91.7	0.563	0.453	31	86.1	35	97.2	2.90	0.088	32	88.9	32	88.9	0.00	1.0
	No	5	13.9	3	8.3			5	13.9	1	2.8			4	11.1	4	11.1		
Face	Normal	4	11.1	10	27.8	3.19	0.074	32	88.9	6	16.7	37.67	0.001**	34	94.4	7	19.4	41.29	0.001**
	Abnormal	32	88.9	26	72.2			4	11.1	30	83.3			2	5.6	29	80.6		
Eye	Normal	2	5.6	8	22.2	4.18	0.041*	29	80.6	4	11.1	34.96	0.001**	36	100.0	10	27.8	40.69	0.001**
	Abnormal	34	94.4	28	77.8			7	19.4	32	88.9			0	.0	26	72.2		
Lips	Normal	1	2.8	5	13.9	2.90	0.088	30	83.3	2	5.6	44.10	0.001**	36	100.0	0	.0	72.00	0.001**
	Abnormal	35	97.2	31	86.1			6	16.7	34	94.4			0	.0	36	100.0		
Gums	Normal	4	11.1	6	16.7	0.462	0.496	34	94.4	2	5.6	56.88	0.001**	36	100.0	2	5.6	64.42	0.001**
	Abnormal	32	88.9	30	83.3			2	5.6	34	94.4			0	.0	34	94.4		
GIT	Normal	7	19.4	13	36.1	2.49	0.114	29	80.6	8	22.2	24.51	0.001**	35	97.2	7	19.4	44.80	0.001**
	Abnormal	29	80.6	23	63.9			7	19.4	28	77.8			1	2.8	29	80.6		
Skeletal system	Normal	27	75.0%	33	91.7%	3.60	0.058	11	30.6	30	83.3	20.45	0.001**	3	8.3	30	83.3	40.78	0.001**
	Abnormal	9	25.0%	3	8.3%			25	69.4	6	16.7			33	91.7	6	16.7		

Significant at level $p < 0.001^{**}$

Table (5): Percentage distribution of studied children suffering from neutropenia under chemotherapy related to vital signs

		First five days no=72				Chi square		Second five days no=72				Chi square		Third five days no=72				Chi square	
		Study group		Control group		X ²	P value	Study group		Control group		X ²	P value	Study group		Control group		X ²	P value
		No	%	No	%			No	%	No	%			No	%	No	%		
Temperature	Normal	0	.0	6	16.7	10.28	0.006**	30	83.3	2	5.6	47.55	0.001**	36	100.0	9	25.0	43.20	0.001**
	Abnormal	36	100.0	27	75.0			3	8.3	31	86.1			0	.0	20	55.6		
Pulse	Normal	0	0	0	0	0.00	1.0	0	0	0	0	50.20	0.001**	0	0	0	0	29.64	0.001**
	Abnormal	2	5.6	2	5.6			32	88.9	2	5.6			36	100.0	15	41.7		
Respiration	Normal	0	0	0	0	0.321	0.571	0	.0	1	2.8	26.18	0.001**	0	.0	1	2.8	4.23	0.039*
	Abnormal	27	75.0	29	80.6			35	97.2	15	41.7			36	100.0	32	88.9		
Blood pressure	Normal	8	22.2	7	19.4	0.229	0.892	34	94.4	11	30.6	31.50	0.001**	36	100.0	13	36.1	33.79	0.001**
	Abnormal	20	55.6	22	61.1			2	5.6	19	52.8			0	.0	18	50.0		

Significant at level $p < 0.001^{**}$

Table (6): Percentage distribution of studied children suffering from neutropenia under chemotherapy related to anthropometric measurements.

		First five days no=72				Chi square		Second five days no=72				Chi square		Third five days no=72				Chi square	
		Study group		Control group		X ²	P value	Study Group		Control group		X ²	P value	Study group		Control group		X ²	P value
		No	%	No	%			No	%	No	%			No	%	No	%		
Weight	Normal	13	36.1	14	38.9	0.059	0.807	27	75.0	14	38.9	9.57	0.002**	33	91.7	13	36.1	24.08	0.001* *
	Abnormal	23	63.9	22	61.1			9	25.0	22	61.1			3	8.3	23	63.9		
height	Normal	34	94.4	29	80.6	3.17	0.075	35	97.2	28	77.8	6.22	0.013*	36	100.0	28	77.8	9.00	0.003* *
	Abnormal	2	5.6	7	19.4			1	2.8	8	22.2			0	.0	8	22.2		
Mid Arm circumference	Normal	33	91.7	31	86.1	0.563	0.453	35	97.2	31	86.1	2.90	0.088	36	100.0	33	91.7	3.13	0.077
	Abnormal	3	8.3	5	13.9			1	2.8	5	13.9			0	.0	3	8.3		
Subcutaneous fat	Normal	34	94.4	32	88.9	0.727	0.394	36	100.0	33	91.7	3.13	0.077	36	100.0	19	52.8	22.25	0.001* *
	Abnormal	2	5.6	4	11.1			0	.0	3	8.3			0	.0	17	47.2		
Body mass index	Normal	22	61.1	14	38.9	3.55	0.059	32	88.9	17	47.2	14.37	0.001**	32	88.9	17	47.2	14.37	0.001*
	Abnormal	14	38.9	22	61.1			4	11.1	19	52.8			4	11.1	19	52.8		

Significant at level $p < 0.001^{**}$

Table (7): Percentage distribution of studied children suffering from neutropenia under chemotherapy related to laboratory investigation.

		First five days no=72				Chi square		Second five days no=72				Chi square		Third five days no=72				Chi square	
		Study group		Control group		X ²	P value	Study group		Control group		X2	P value	Study group		Control group		X2	P value
		No	%	No	%			No	%	No	%			No	%	No	%		
CBC	Normal	2	5.6	2	5.6	0.000	1.0	28	77.8	5	13.9	29.59	0.001**	36	100.0	5	13.9	54.43	0.001**
	Abnormal	34	94.4	34	94.4			8	22.2	31	86.1			0	.0	31	86.1		
LDH	Normal	2	5.6	4	11.1	0.727	0.394	29	80.6	2	5.6	41.29	0.001**	36	100.0	2	5.6	64.42	0.001**
	Abnormal	34	94.4	32	88.9			7	19.4	34	94.4			0	.0	34	94.4		
ESR	Normal	1	2.8	6	16.7	3.95	0.047*	28	77.8	3	8.3	35.40	0.001**	36	100.0	6	16.7	51.42	0.001**
	Abnormal	35	97.2	30	83.3			8	22.2	33	91.7			0	.0	30	83.3		
liver enzymes	Normal	27	75.0	11	30.6	14.26	0.001*	33	91.7	15	41.7	20.25	0.001**	36	100.0	17	47.2	25.81	0.001**
	Abnormal	9	25.0	25	69.4			3	8.3	21	58.3			0	.0	19	52.8		
kidney function tests	Normal	23	63.9	22	61.1	0.059	0.808	33	91.7	23	63.9	8.03	0.005**	36	100.0	22	61.1	17.37	0.001**
	Abnormal	13	36.1	14	38.9			3	8.3	13	36.1			0	.0	14	38.9		
bone marrow aspirations	Normal	11	30.6	14	38.9	0.551	0.458	31	86.	12	33.3	20.84	0.001**	36	100.0	15	41.7	29.64	0.001**
	Abnormal	25	69.4	22	61.1			5	13.9	24	66.7			0	.0	21	58.3		

Significant at level $p < 0.001^{**}$

Table (8): Percentage distribution of studied children suffering from neutropenia under chemotherapy related to general complication.

		First five days no=72				Chi square		Second five days no=72				Chi square		Third five days no=72				Chi square	
		Study group		Control group		X ²	P value	Study group		Control Group		X ²	P value	Study group		Control group		X ²	P value
		No	%	No	%			No	%	No	%			No	%	No	%		
Anemia	Yes	33	91.7	24	68.6	5.95	0.014*	0	.0	26	72.2	40.69	0.001**	0	.0	25	69.4	38.29	0.001**
	No	3	8.3	11	31.4			36	100.0	10	27.8			36	100.0	11	30.6		
Immunity	mild	0	.0	8	22.2	20.16	0.001**	9	25.0	4	11.1	12.58	0.001**	9	25.0	5	13.9	34.45	0.001**
	modert	5	13.9	9	25.0			18	50.0	8	22.2			27	75.0	8	22.2		
	very low	20	55.6	19	52.8			9	25.0	24	66.7			0	.0	22	61.1		
	very veryu	11	30.6	0	.0									0	.0	1	2.8		
Low platelet count	Yes	21	58.3	21	58.3	0.000	1.0	1	2.8	20	55.6	24.26	0.001**	0	.0	21	58.3	29.64	0.001**
	No	15	41.7	15	41.7			35	97.2	16	44.4			36	100.0	15	41.7		
Loss of appetite	Yes	33	91.7	30	83.3	1.14	0.285	3	8.3	32	88.9	46.75	0.001**	1	2.8	32	88.9	53.76	0.001**
	No	3	8.3	6	16.7			33	91.7	4	11.1			35	97.2	4	11.1		
Loss of weight	Yes	21	57.1	25	69.4	1.16	0.282	7	19.4	24	66.7	16.37	0.001**	7	19.4	24	66.7	16.37	0.001*
	No	15	42.9	11	30.6			29	80.6	12	33.3			29	80.6	12	33.3		
Hyperthermia	>38.0	27	75.0	33	91.7	3.60	0.058	9	25.0	35	97.2	39.50	0.001**	4	11.1	34	94.4	50.15	0.001**
	hypothermia	9	25.0	3	8.3			27	75.0	1	2.8			32	88.9	2	5.6		

Significant at level $p < 0.001^{**}$

Table (9): Percentage distribution of studied children suffering from neutropenia under chemotherapy related to specific complication.

		First five days no=72				Chi square		Second five days no=72				Chi square				Third five days no=72		Chi square	
		Study group		Control group		X ²	P value	Study group		Control group		X ²	P value	Study group		Control group		X ²	P value
		No	%	No	%			No	%	No	%			No	%	No	%		
inflammation at mucous membrane	Yes	30	83.3	34	94.4	2.25	0.134	5	13.9	34	94.4	47.04	0.001**	4	11.1	34	94.4	50.15	0.001**
	No	6	16.7	2	5.6			31	86.1	2	5.6			32	88.9	2	5.6		
Vomiting	Yes	29	80.6	33	91.7	1.85	0.173	2	5.6	32	88.9	50.15	0.001**	0	.0	32	88.9	57.60	0.001**
	No	7	19.4	3	8.3			34	94.4	4	11.1			36	100.0	4	11.1		
Diarrhea	Yes	20	55.6	22	61.1	0.232	0.633	6	16.7	22	61.1	14.69	0.001**	6	16.7	21	58.3	13.33	0.001**
	No	16	44.4	14	38.9			30	83.3	14	38.9			30	83.3	15	41.7		
loss of hair	Yes	24	66.7	27	75.0	0.605	0.437	22	61.1	26	72.2	1.00	0.317	23	63.9	26	72.2	0.575	0.448
	No	12	33.3	9	25.0			14	38.9	10	27.8			13	36.1	10	27.8		
Neurological	Normal	8	22.2	3	8.6	3.41	0.182	25	69.4	6	16.7	20.74	0.001**	25	69.4	6	16.7	20.74	0.001**
	Headache	28	77.8	31	88.6			11	30.6	29	80.6			11	30.6	29	80.6		
	Paralysis	0	.0	1	2.9			0	.0	1	2.8			0	.0	1	2.8		
skeletal system	Normal	12	33.3	3	8.3	9.038	0.011*	27	75.0	1	2.8	40.04	0.001**	30	83.3	1	2.8	48.92	0.001**
	Pain	12	33.3	23	63.9			5	13.9	25	69.4			6	16.7	24	66.7		
	pain during examination	12	33.3	10	27.8			4	11.1	10	27.8			0	.0	11	30.6		
Bleeding	Yes	24	66.7	11	30.6	9.39	0.002*	11	30.6	12	33.3	0.064	0.801	5	13.9	12	33.3	3.77	0.052
	No	12	33.3	25	69.4			25	69.4	24	66.7			31	86.1	24	66.7		
level of activity	Normal	3	8.3	7	19.4	1.85	0.173	28	77.8	3	8.3	35.40	0.001**	29	80.6	3	8.3	38.02	0.001**
	Abnormal	33	91.7	29	80.6			8	22.2	33	91.7			7	19.4	33	91.7		
vascular system	Normal	8	22.2	3	8.3	2.68	0.101	35	97.2	3	8.3	57.06	0.001**	36	100.0	3	8.3	60.92	0.001**
	Abnormal	28	77.8	33	91.7			1	2.8	33	91.7			0	.0	33	91.7		
respiratory rate	Rapid	32	88.9	31	86.1	0.127	0.722	6	16.7	33	91.7	41.80	0.001**	0	.0	32	88.9	72.00	0.001**
	Slow	4	11.1	5	13.9			14	38.9	3	8.3			0	.0	4	11.1		
	Normal	0	.0	0	.0			16	44.4	0	.0			36	100.0	0	.0		

Significant at level $p < 0.001^{**}$

Discussion

As regards to biosocial characteristics, the present study showed that, about mean age of nine years of studied children was between 6-12 years. This result is in disagreement with **Legg et al. (2004)**⁽¹⁷⁹⁾ who found that the long-term incidence rates and trends (1975 to 2004) are adjusted for delays in reporting where possible. Delayed reporting primarily affects the most recent 1 to 3 years of incidence data (in this case, 2002 to 2004), especially for cancers such as melanoma, leukemia, and prostate that are frequently diagnosed in outpatient settings.⁽¹⁷⁹⁾

Moreover, the male to female incidence in this study was exceed than female. This was in accordance with those of **Zelzar, (2000)**, who pointed out that cancer, is more prevalent among male agreements with that study **American Cancer Society's Cancer Statistics Center (2012)** cancer is slightly more common among Hispanic and white children than among African-American and Asian-American children, and it is more common in boys than in girls. AML occurs about equally among boys and girls of all races.^(33,180)

However no statistical significant difference was detected between both study and control groups of children regarding to sex. This study this result is in disagreement with **Fritz et al. (2008)** cancer incidence rates were stable in

males from 1995 to 2008 and in females from 1999 to 2008, female exceed more than male.⁽¹⁸¹⁾

Regarding to educational level, the present study relieved that most of children with cancer at primary school, this result disagreements with **Ferlay et al. (2010)**, cancer is being diagnosed more frequently during the child-rearing years. Sociodemographic and cancer-related information on families and minor (0–18 years).⁽¹⁸²⁾ Most of them were primary school in study group compared to control group were preparatory school. As regarding to setting it was equal percentage. So this table shows that there was no statistically significant difference between study and control group of children suffering from neutropenia under chemotherapy in relation to their age, sex, setting but level of education most of them were primary school.

Regarding to diagnosis, the present study relieved that most of children would have leukemia of study group and less of them having solid tumors of control group, this result was in accordance with those of **American Cancer Society's Cancer Statistics Center, (2012)**.⁽³³⁾ Leukemia is the most common cancer in children 70% of children and teens, accounting for almost 1 out of 3 cancers. Overall, peaking between 2 and 4 years of age. Cases of AML are more spread out across the

childhood years, but this type of leukemia is slightly more common during the first 2 years of life and during the teenage years. This result disagreement with my study **Raab, (2009)**, in general, cancer in children and teenagers is uncommon, accounting for less than 1% of all cancer cases in the United States. This year, an estimated 10,380 children younger than 15 and about 5,000 adolescents aged 15 to 19 will be diagnosed with cancer in the United States. This study agreement with this research Mitchell et al. (2009, solid tumors make up about 30% of all pediatric cancers. The most common types of solid tumors in children include brain tumors, neuroblastoma, rhabdomyosarcoma, Wilms' tumor, and osteosarcoma. ^(45,46),

The present study indicated that the disease process had effect on children educational level, most of children wasn't attended in study group of the studied children in both study and control group did not attended at the school. As well as the absenteeism rate was high, majority of children were absent school. However there was no statistical difference between the study and control group. This could be due to the fact. Those children have gone to hospital to receive their medication and bad psychological state, as illustrated for the reason of absenteeism. More than half of the studied children due to hospital admission. The result of the present study contrast the

study performed for children with cancer in royal hospital service and Al Amire Rahme Hospital in Jordan (**Holloway, 2009**)⁽¹⁸³⁾.

The result of the present study agree with the result of **Polovich et al. (2009)** .who explained that children with cancer have to received chemotherapy in a regular basis and **Gharaibeh, (2009)** ' reported that education was one of greatest difficulties affected children with cancer. Similarly, **Abd-El Baset, (2003)** mentioned that the education of two third of children with cancer at school age was influenced by their attendance. ^(67,184,185),

Concerning hereditary and maternal history for cancer. The result of the present study was found that, 14% of study group having hereditary factors to cancer in children compared to 80.6% of control group have no hereditary factors to cancer in children. This study was disagreements with **Goldgar et al. (2010)** ,both environmental and hereditary factors cause cancer. Studies of familial cancer aggregation have been the main approach in the assessment of the hereditary effects in cancer. ⁽¹⁸⁶⁾,

El-Nagar, (2005) who stated that there is a broad consensus on the predominant importance of environmental factors and somatic events in human cancer agree that some 60–90% of the studied cancers can be explained by environmental factors

only. Not shared among family members.⁽¹⁸⁷⁾

As regarding to daily activity, level of activity and physical examination at first five days, the current study showed that no statistically significant differences between two groups, the two groups not active, no play, and physical examination having many abnormalities, at second five days the current study showed that the improvement for children and the differences between two groups after implementation of clinical pathway there were highly statistically significant differences between two groups in second five days the children in study group become normal active, play in calme way and all physical examination were improvement for the study group, rather than the control group who received the routine hospital care finally the third five days all children in study group hyper active, play in a groups in gardens and the physical assessment differentiated after implementation of clinical pathway so there were a highly statistically significant differences between two groups

The result of the present study in accordance with **Gharaibeh, (2009)** who stated that the clinical pathway has direct and tangible impact on children care process and outcome for children with cancer under chemotherapy suffering from neutropenia.^{(184),}

The child didn't play until recovered from neutropenia, neutropenia affect the psychological condition of the child which they prefers isolation during neutropenia. So application of clinical pathway assist them to reduce the length of time of neutropenia for return to normal condition. The present study revealed that the clinical pathway implemented by the researcher with the hospital team had effect on the studied children in relation to physical assessment, face, eye, lips, gum, skin, gastrointestinal problems and skeletal system problem. Which all physical assessment improved after implementation of clinical pathway in first five days and second five days and reach to normal at second five days so their were a statistically significant deference between study group at first five days and second five day after implementation of clinical pathway and reached to a highly statistically significant deference between study group at first five days and third five day.

The recovery of children from neutropenia is gradual and take time to occur not sudden. The role of clinical pathway good quality of care in fewer times. Also used to minimize average length of stay without compromising the quality of care process and out come.

The finding was in accordance with the result, **ZeZler, (2000)** ,who mentioned that

clinical pathway had effect on finding of the current study revealed that there was a highly statistical significant in physical assessment. There was a prognosis in the result as well as face, eye, lips, gum, skin, gastrointestinal problems and skeletal system problem. ⁽¹⁸⁰⁾.

Concerning the effect of clinical pathway for the study groups of the responding of children to daily nursing care, our study revealed that there was statistically significant difference between study groups of children in relation to their response to daily nursing care, in first five days and second five days the response of children was fifty percent related to daily weight, monitor of urine out put, fever, paller, infection, pain, subsidetofiftypercent. Hematourea, tenderness, purbra, mucositis subside to hundred percent.

Concerning the effect of clinical pathway for the study groups of the responding of children to daily nursing care at third five days there was statistically significant difference between study groups of children in relation to their response to daily nursing care, their response to daily nursing care reached to hundred percent.

That study is in agreement with **Rekha, (2005)**, who stated that Clinical pathway is a tool used in achieving coordinated care and desired outcomes within an anticipated time frame by utilizing the appropriate

resources available. A clinical pathway is a blueprint that guides the clinician in the provision of care⁽¹⁹²⁾.

The present study revealed that the clinical pathway implemented by the researcher with the hospital team had effect on the studied children in relation to their nutritional habits and effect in reducing their problems and their response to medication, there was a statistically significant differences between study groups of children which all feeding habits improved at first five days then reached to normal at third five days. The number of meal increased from one to two meals and reached to three beer day, their appetite improved, all gastrointestinal problems disappear along fifteen days. ⁽¹⁹²⁾.

Regarding to their response to medication in study groups of children their response to medication different from first five days rather than second five days, they improved on treatment and reached to normal in third five days.

the child when he admitted to hospital in neutropenia theses children is in a very bad general condition, is in needed emergency care and treatment include isolation, blood transfusion, intravenous fluid and antibiotic means high quality of care, the all team concenter this child is critical case. All team acting for saving his life.

That study is in agreements with Polit, (2009) who found that interventional

categories consist of groups of activities that make up a comprehensive treatment, these categories typically include, tests, treatments and nursing interventions, consultations, medications, diet, activity, child and family education, and discharge planning. Outcomes focus on child care activity and nutrition are defined for each time interval, realistic, reflect incremental progress, and achievable by 90% of the children. ⁽¹⁹³⁾,

Conclusion

The study could be concluded that:

Based on the results of the present study it could be concluded that Children with cancer suffering from neutropenia undergoing chemotherapy, to whom clinical pathway was applied had fewer complications, less readmission after discharge compared with those who received routine hospital care.

Recommendations

Based on the findings of the current study, the following recommendation is needed:

- Application of clinical pathway for children suffering from neutropenia undergoing chemotherapy was essential for reducing complications and less readmission.
- Clinical pathway should be applied as a routine nursing care for children with neutropenia undergoing chemotherapy.
- Hospitals should establish a policy

concerning clinical pathway that should be available to each hospital units.

- Further studies are needed in order to apply and demonstrate the research on a larger population for generalization of results.
- Establish training for medical and paramedical staff regarding application of clinical pathway.

Future recommendation:

- A future study can be conducted for large sample
- Establishing a health education unit in the hospital to provide health education sessions for all health team member and children.

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